

## Sivarama Prasad Vinjamury

MD (Ayurveda), MAOM, MPH  
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### Current Employment

09/07/07 - Present

**Professor**, Research, Southern California Univ. of Health Sciences (SCU)

Teaching: *Evidence Based Practice, Capstone and Integrated Clinical Medicine* courses to Acupuncture students. Also teaching *Ayurvedic preventive medicine and ayurvedic pathology* courses to the ayurvedic students. The tasks include: advising, examining, grading, and teaching as lead instructor.

Clinical: Clinical teaching to interns of acupuncture and ayurvedic programs at the University Health Center, SCU.

**Licensed Acupuncturist**, University Health Center, SCU. Student Health Center, CSUF

Provide acupuncture and ayurvedic services at the health centers. I adopt a holistic approach in the diagnosis and treatment of a patient. In addition, I provide/integrate Ayurvedic treatments and herbs to patients who voluntarily seek both types of treatments.

**Part-time Faculty**, Department of Preventive Medicine, Keck School of Medicine, University of Southern California 2016- Present

**Director of Capstone**, College of Eastern Medicine (CEM), SCU 2015- Present  
Create, develop, implement and continuously improve the capstone projects within the doctor of acupuncture and Chinese medicine program.

**Director of Integrative and Family Health Services**, (CEM), SCU Health System, 2017- Present  
Coordinate integration of integrative health services at the University Health System to promote health and wellness. Also, create integrative care-pathways for chronic conditions.

### Education

MPH	CSUF, CA	President's Award	2008
MAOM	SCUHS, U.S.	Magna cum Laude	2003
PGDMM (Post Graduate)	IGNOU, India		1998

Diploma in Mktg Mgmt)

MD (Ayurveda)	Univ of Kerala, India	Valedictorian	1993
BAMS	Osmania Univ., India	1st Class	1989

### **Board Status**

California Acupuncture Board Certified Acupuncturist.  
Board Certified in India to practice Ayurvedic medicine

### **Professional Licenses**

California Acupuncture Board License # AC 9458  
National Acupuncture Board License # 024156

### **Honors/Awards**

- Outstanding contribution to the College of Easter Medicine (2017)
- Outstanding Service Award, SCU (2016)
- Outstanding Service Award, SCU (2015)
- Most Collegial Member, SCU (2015)
- Outstanding Clinical Teaching Award, SCU (2014)
- Outstanding Service Award , SCU (2012)
- Excellence in Research Award, SCU (2010)
- Outstanding Service Award, SCU (2010)
- Blood of the Turnip Award for Above and Beyond Call of Duty (2007, 2010)
- Outstanding Pre-clinical Teaching Award, SCU (2009)
- Excellence in Research Award, SCU (2008)
- President's Associates Award, MPH, CSUF (2008)
- Best Thesis Award, MPH, CSUF (2008)
- Young Investigator Award, Society for Acupuncture Research (2007)
- Excellence in Research Award, SCU (2007)

- Fleckles Scholarship Award, CSUF (2007)
- Excellence in Scholarship Award, SCU (2003)
- Magna Cum Laude – MAOM program (2002)
- Was awarded ‘Silver medal’ by Academy of Ayurveda, Vijayawada, India, for the ‘Second best thesis and Research work’ in the subject Rasa Sastra (Clinical Indian Alchemy) for the year 1992-93.

### **Publications**

Mishra Shri, **Sivarama Prasad**. Ayurvedic Management of Hepatitis –C. In: *The Patients Manual*. Published by Ambassadors of Hepatitis- C Foundation. 2001:113-124.

Mishra Shri, **Sivarama Prasad**. An overview of neurological disorders in Ayurveda. *Int J Integr Med*. 2001;3(1):13-16.

Singh BB, **Vinjamury SP**, Singh VJ. Research Methodology in CAM. In: Wendy Kohatsu, eds. *Complementary and Alternative Medicine Secrets*. Philadelphia, Pa; Hanley and Belfus, Inc; 2002:6-15.

Singh BB, **Vinjamury SP**, Singh VJ. Fibromyalgia: Questions and Answers. In: Wendy Kohatsu, eds. *Complementary and Alternative Medicine Secrets*. Philadelphia, Pa; Hanley and Belfus, Inc; 2002:330-37

**Vinjamury SP**, Singh BB, Mishra LC. Research issues in Complementary and Alternative Medicine. Compendium of Invited lectures. World Ayurveda Congress 2002. Kochi, India. Sponsored by Government of India. World Ayurveda Congress Secretariat, Swadeshi Science Movement, Kochi, India. 2002. 1:187-192.

Singh BB, Mishra LC, **Vinjamury SP**, Singh VJ, Shepard N, Aquilina N. The effectiveness of Commiphora mukul for Osteoarthritis of knee -An Outcomes Study. *Altern Ther Health Med*. 2003;9(3):74-9.

Singh BB, **Vinjamury SP**, Singh VJ. Clinical Research Design: Limited systematic review of five diagnoses. In: Mishra LC, eds. *Scientific Basis of Ayurvedic Therapies*. Boca Raton, Fl: CRC Press; 2003:31-41.

Singh BB, **Vinjamury SP**, Singh VJ. ‘Chronic fatigue syndrome. In: Kligler B, Lee R, eds. *Principles for Practice*. New York, Ny: Mcgraw Hill; 2003:417-431

Vinjamury M, Nagashayana N, **Vinjamury SP**, Singh BB. Women’s Diseases. In: Mishra LC, eds. *Scientific Basis of Ayurvedic Therapies*. Boca Raton, Fl: CRC Press; 2003:551-573.

Singh BB, Song H, Liu XD, Liu GJ, **Vinjamury SP**, Der Martirosian C. Dangshen (Codonopsis pilosula) and Bai guo (Gingko biloba) enhance learning and memory. *Altern Ther Health Med*. Jul-Aug 2004;10(4):52-6.

Singh BB, Udani J, **Vinjamury SP**, Khorsan R, Shepard N, Der-martirosian C, Gandhi, S. Safety and Effectiveness of a Lysine based topical application for circum oral herpes. *Altern Med Rev*. Jun 2005;10(2):123-7.

**Vinjamury SP**, Singh BB. Ayurvedic management of Chronic Fatigue Syndrome: A case report. *Altern Ther Health Med*. Sept-Oct 2005;11(5):76-8.

Singh BB, Wu W, Hwang S, Khorsan R, **Vinjamury SP**, Dermartirosian C, Wang C, Lin S. Effectiveness of Acupuncture in relieving Fibromyalgia symptoms: An outcome study. *Altern Ther Health and Med*. Mar-Apr 2006;12(2):34-41.

Goubran E, **Vinjamury SP**. Interactive atlas of histology: A tool for self-directed learning, drill and evaluation. *J of Chiro*. March 2007;21(1):12-18.

Singh BB, **Vinjamury SP**, Mishra LC, Kubik E, Singh VJ, Shepard N, Der-martirosian C, Gandhi S. Ayurvedic and collateral herbal treatments of Hyperlipidemia: A Systematic Review. *Alternat Ther Health Med*. 2007;13(4):22-28.

Singh BB, Khorsan R, **Vinjamury SP**, DerMartirosian C, Kizhakkeveetil A, Anderson T. Herbal treatments of Asthma –A systematic review. *J Asthma*. 2007;44(9):685-98.

**Vinjamury SP**, Li JT. Herbal Medicine: Is there evidence for chronic pain management? (Manuscript accepted for publication by Journal of Ayurvedic Practitioners Association, U.K. August 2007)

**Vinjamury SP**. Writing a Case Report. *American Acupuncturist*. 2008;43:18-19.

Redwood D, Hawk C, Cambron J, **Vinjamury, SP**. Do Chiropractors identify with Complementary and Alternative Medicine? Results of a Survey. *J Altern Complem Med*. May 2008;14(4):361-8.

**Vinjamury SP**, Singh BB, Khorsan R, Comberati R, Meier M, Holm S. Usefulness of Chiropractic for Temporomandibular disorders (TMD) – a case series. *Alternat Ther Health Med*: Jul-Aug 2008;14(4):60-3.

Singh BB, Khorsan R, **Vinjamury SP**. Influence of co-morbidities on improvement of fibromyalgia symptoms when treated with acupuncture. *Altern Ther Health Med*. Sept-Oct 2008;14(5):24-5.

Hsiao E, Hsiao L, **Vinjamury SP**, La N, Wu, W & Wang C. Immunological Effects of Yu Ping Feng San (Jade Windscreen Powder) – A Review. *American Acupuncturist*. Summer 2009;48:18-21.

Hsiao L, Hsiao E, **Vinjamury SP**, Li, JT, & Wu W. TCM Approach to Scleroderma: A Review. *American Acupuncturist*. Winter 2009; 50:14-17.

**Vinjamury SP**, Vinjamury M, Sucharitakul S, Ziegler I. Panchakarma: Ayurvedic Detoxification and Allied Therapies - Is there any evidence? In: Rastogi S, Chiappeli F, Ramchandani MH, Singh RH, eds. *Evidence-Based Practice in Complementary and Alternative Medicine*. Germany: Springer; 2012: 113-138.

**Vinjamury SP**, Li J, Hsiao E, Huang C, Miller J, Huang Y. Effects of Acupuncture for Cancer Pain and Quality of Life – A Case Series. *Chinese Medicine* 2013, 8:15.

**Vinjamury SP**, Vinjamury M, Der Martirosian C, Miller J. Shirodhara (ayurvedic oil dripping therapy) for Insomnia – A Case Series. *Global Adv Health Med*, 2014;3(1):75-80

Wu W, **Vinjamury SP**, Hsiao L, Hsiao E, Miller J. The Development and Implementation of Multi-Step Comprehensive Exams at a College of Acupuncture and Oriental Medicine. *Meridians, The Journal of Acupuncture and Oriental Medicine*, 2015: 2(1):14-20.

**Vinjamury SP**. Book Review - Acupuncture as an Adjuvant in the Treatment of HIV/AIDS: Examining Disparities in Access, Cost-Effectiveness and Public Health Considerations By Elizabeth Sommers, PhD, MPH, LAc . LAP LAMBERT Academic Publishing. *Meridians, The Journal of Acupuncture and Oriental Medicine*, 2015: 2(2):42-43.

**Vinjamury SP**, Hoover D, Noborikowa J. Integrative Management of Alopecia areata with Acupuncture and Ayurveda: A Case Report. *Meridians, The Journal of Acupuncture and Oriental Medicine*, 2015:2(4):21-24

Li P, Tjen-A-Looi SC, Cheng L, Liu D, Painovich J, **Vinjamury S**, Longhurst J. Long-Lasting Reduction of Blood Pressure by Electroacupuncture in Patients with Hypertension: Randomized Controlled Trial. *Med Acupunct*. 2015 Aug 1;27(4):253-266

**Vinjamury SP**, Jones J, Hsiao L, Hurwitz E, Mouttapa M, Weiss J, Miller J. Efficacy of Acupuncture for Fibromyalgia – RCT. *Manuscript In-progress*

### Abstracts

**Sivarama Prasad, V**, Manjusha V.Desai, (1992). Spiritual Health. Souvenir of Swadeshi Science Congress. Trivandrum, India.

**Sivarama Prasad, V.**, Nair, BNN., Bhadran, VKB. (1992) Rasex – an Expert System for selection of Rasa Drugs in Ayurveda. Proceedings of the World Congress on Holistic Health, Bangalore, India.

**Sivarama Prasad, V**. Documentation of Ayurveda. Proceedings of ‘VARAM’, V.P.S.V. Ayurveda College, Kottakkal. India. 1993

**Sivarama Prasad V**. Is Ayurveda a Science or Sastra. Proceedings of Congress on Traditional Sciences and Technologies of India. 1993

**Vinjamury, SP.** Vinjmaury M. Singh BB. Ayurvedic Management for Asymptomatic HIV infected Patients – A Case series. Abstract in conference proceedings of Research Agenda Conference on Traditional Indian Medicine on HIV/AIDS. September 9-10, 2006, New Delhi, India.

### **Research Experience**

#### Current Research Projects

CCAOM-SCU Vinjamury (PI) Jan2015-Dec 2018

Acupuncture for Chemotherapy Induced Peripheral Neuropathy – A Case Series

Role: Principal Investigator

SCU Whedon (PI) Oct 2016 – Dec 2018

Effect of Clinical Screening and Intervention on Trainee Attrition in the Los Angeles County

Deputy Sheriff Recruit Training Program

Role: Co-Investigator

#### Research Interests – Creating research teams and protocol development

Mechanism of Shirodhara (Ayurvedic oil dripping therapy) – fMRI study – Protocol Development

Comparative Effectiveness Research on Chiropractic and Acupuncture for Fibromyalgia

#### Completed Research Projects

SCU-OSIR (Vinjamury PI) (Feb 2013 – Jun 2013)

Student Perceptions of Research Literacy Skills and the Use of these Skills in the Acupuncture and Chiropractic Programs – Student Survey

Role: Principal Investigator

SCUHS and UCI (Longhurst (PI) (April 2010 – April 2012)

Efficacy of Electroacupuncture for Hypertension – RCT

The study intended to determine the anti-hypertensive effects of point specific acupuncture when compared to non-specific acupuncture.

Role: Co-Investigator/ Clinician; Site PI

SCUHS and CSUF Vinjamury (PI) (Dec 2007 – Feb 2011)

Efficacy of Acupuncture for Fibromyalgia – RCT

The primary objective of this study is to compare the efficacy of acupuncture with simulated acupuncture in improving the pain and lower body strength in fibromyalgia patients.

Role: Principal Investigator / Clinician

Aum-Mahan Vinjamury (PI)

(Dec 2007 – October 2008)

Usefulness of Shirodhara for Insomnia – A Case Series.

This feasibility study determined the usefulness of ayurvedic oil dripping (shirodhara) treatment for insomnia in a small sample.

Role: Principal Investigator /Clinician

SCUHS-RD Vinjamury (PI) (March 2006 – October 2007)  
Usefulness of Acupuncture on Quality of Life (QOL) and Pain in Cancer patients – A case series

The study is designed to explore the usefulness of acupuncture in quality of life in all types of cancer patients. It is a feasibility study primarily intended to assess the feasibility of recruiting patients with cancer pain and/or other symptoms related to their illness for comanagement with acupuncture at SCU clinics

Role: Principal Investigator

SCUHS-RD Hawk (PI) (July 2005 - February 2006)  
Development of Practice-Based Research Program – A survey

Role: Co investigator

SCUHS-RD Singh (PI) (April 2003 –February 2005)  
Chiropractic Therapy Integrated With Ayurvedic Herbal Support Using Both Standardized and Individual Treatment for Fibromyalgia Patients.

Role: Co-Investigator, Clinician

SCUHS –RD Singh (PI) (April 2003 – February 2005)  
Chiropractic Therapy Integrated with Ayurvedic Herbal Support for TMJ Disorders - A Randomized Controlled Trial.

Role: Co-Investigator. Clinician

Merix Pharmaceuticals Singh (PI) (March 2004 – August 2004)  
Safety and effectiveness of a commercial product - CS-1 on the treatment of facial and Circumoral Herpes

Role: Co-Investigator. Clinician

Quantum Inc. Singh (PI) (Feb 2003 –March 2004)  
Safety and effectiveness of a commercial product - CS-1 on the treatment of facial and Circumoral Herpes

Role: Co-Investigator. Clinician

SCUHS –RD Singh (PI) (Dec 2002- Jan 2004)  
'Effectiveness of Ginger in Migraine' – A Case Series  
The study investigated the effectiveness of Ginger aqueous extract in relieving the symptoms of Migraine.

Role: Co-investigator. Clinician

SCUHS-RD Singh (PI) (Dec 2001- March 2004)  
Effectiveness of Acupuncture treatment targeting Fibromyalgia symptoms and main secondary diagnoses': An outcomes study.

The goal of this study is to assess the effectiveness of Acupuncture as an adjuvant therapy targeting the symptoms of Fibromyalgia and its main secondary diagnoses.  
Role: Project Coordinator, Clinician

SCUHS –RD Singh (PI) (June 2002 – Feb 2004)  
Effectiveness of pragmatic Ayurvedic therapy in Osteoarthritis -  
This study will investigate the effectiveness of Ayurvedic therapy in Osteoarthritis.  
Role: Project Coordinator, Clinician

Pharmachem Singh (PI) (Oct -Nov 2003)  
Phase 2 (Phaseolus vulgaris) for Short Term Weight Loss  
Role: Co-Investigator

SCUHS –RD Singh (PI) (April 2003 – June 2003)  
Usefulness of RNA Products for Blood Pressure.  
This study investigated the usefulness of RNA products for Blood Pressure.  
Role: Co-investigator

SCUHS –RD Singh (PI) (April 2003 – June 2003)  
Usefulness of RNA Products for Cholesterol Lowering.  
This study investigated the usefulness of RNA products for Cholesterol.  
Role: Co-investigator and Project coordinator

SCUHS –RD Singh (PI) (April 2003 – June 2003)  
Usefulness of RNA Products for Stress/Depression.  
This study investigated the usefulness of RNA products for Stress/Depression.  
Role: Co-investigator and Project coordinator

Herbalife Singh (PI) (June 2002- Sept 2002)  
Herbal Combination Product for the treatment of Obesity. An RCT  
This study evaluated the herbal combination product in reducing weight, body fat and the waist and hip ratios.  
Role: Project Coordinator

Private Vinjamury (PI) (Jan 1998 – Aug 2000)  
Role of Chyavanprash in HIV patients  
The role of a combination of Chyavanprash, Brahma Rasayanam, and aqueous extract of Tinospora cordifolia in newly diagnosed HIV patients and observed whether it controlled viral proliferation and prevented opportunistic infections by monitoring CD4 and CD8 counts regularly along with routine blood investigations.  
Role: Principal Investigator

### **Professional Activities**

- External Reviewer for the following peer-reviewed journals/conference proceedings:
  - Alternative Therapies in Health and Medicine Journal, 2001-2009
  - Journal of Allied Health, 2005 – Present
  - Ancient Science of Life, 2007- 2009

- Journal of Ayurvedic Practitioners Association, UK, 2007 – 2008
  - American Acupuncturist, U.S.A, 2007 - Present
  - Association for Chiropractic Colleges Research Agenda Conference, 2002 – 2008
  - Journal of Alternative and Complementary Medicine, 2007- Present
  - American Public Health Association National Conference 2007- Present
  - Journal of Clinical Rheumatology in Ayurveda 2010 - Present
  - Alternative Therapies in Health and Medicine Journal, 2011- Present
- Editorial Board Member for the following Journals:
    - American Acupuncturist
    - Topics in Integrative Health Care
    - Meridians: The Journal of Acupuncture and Oriental Medicine
  - Program Review Chair for APHA – ACHP-SPIG 2011-15
  - Section Chair, Integrative Complementary Traditional Health Practices – 2016-18

### **Employment History**

01/01/02 – 09/07/07

**Associate Professor**, Research Division, Southern California Univ. of Health Sciences (SCUHS)

1/2002 – 5/ 2004

**Research Projects Coordinator**, Research Division, SCUHS.

Supervised and coordinated more than ten research studies. In addition, I provided research assistance to prepare new proposals. Prepared research protocols for both NIH and private funders. Guided research program managers in recruitment and data collection. Assisted the Dean of the division in negotiations and correspondence with the funders.

10/2001 – 1/2002

**Research Program Manager**, Research Division, SCUHS, Whittier CA

Managed clinical studies independently in terms of recruiting the subjects for the studies, data collection, and data analysis. In addition, helped in writing research protocols and organizing new research projects. Simultaneously also worked as a non-lead instructor in the research methodology class.

06/2001 – 10/2001

**Research Assistant**, Research Division, SCUHS, Whittier CA

Assisted in data collection, data entry, mailing, and recruitment of participants for the various projects that were going on in the research division.

8/2000 –10/2001

**Research Associate**, Integrative Medicine Program, University of Southern California, Los Angeles.

Wrote grant proposals for NIH grants, published papers, attended conferences and presented papers. Coordinated lectures and meetings with potential funders for studies.

1997— 8/2000

**Consultant Ayurvedic Physician**, Apollo Hospital, Hyderabad, INDIA

Worked as a consultant from an exclusive office in this huge multi – specialty corporate hospital. Was primarily involved in treating patients for all conditions that fall under Internal Medicine. Did a collaborative work with the Neurophysician of the hospital and tested some integrative treatments in conditions such as Multiple Sclerosis and Motor Neuron Disease in addition to other diseases.

1997 – 8/2000

**Director**, Herbal Formulations, Venkat Pharma, Jubilee Hills, Hyderabad

Formulated new formulas for Dysmenorrhea, PMS, Menopause, Cold, Cough, and some tonics for the company which are being marketed even today in India and abroad. Guided the company in manufacturing Ayurvedic herbal preparations.

1995 – 8/2000

**Consultant Ayurvedic Physician**, Tesla Diagnostics, Hyderabad

Worked as a consultant physician from an exclusive office in this diagnostic cum health center.

1995 –8/2000

**Consultant Ayurvedic Physician**, INDIAN AIRLINES- Panel of Doctors, Hyderabad

Was approved as the Ayurvedic doctor of Indian Airlines to treat their employees in Hyderabad city.

1993–8/2000

**Chief Physician**, Sri Nagarjuna Ayurvedic and Panchakarma Therapy Center, Hyd.

Founder and owner of the center and was treating patients with conditions which fall under internal medicine. Was treating 20-30 patients per day.

**Platform Presentations**

**Sivarama Prasad, V**, Nair BNN, John P, Bhadran VK. RASEX, - an expert system for selection of Drugs from the pharmacopoeia in Ayurveda during treatment. Presented at: World Congress on Holistic Health; 1991; Bangalore, India.

**Sivarama Prasad V**. Documentation of Ayurveda. Presented at: Regional seminar; 1993; Kottakkal, Kerala.

**Sivarama Prasad V**, Manjusha Prasad. Spiritual Health. Presented at: Regional level seminar on traditional sciences; 1993; Trivandrum, India.

**Sivarama Prasad, V**. Is Ayurveda a Science or Sastra. Presented at: National Congress on Traditional Sciences of India, IIT; 1993; Bombay, India.

**Sivarama Prasad, V**. Diet and Nutrition in Rheumatoid Arthritis. Presented at: National Seminar on Rheumatoid Arthritis; 1995, Trivandrum, Kerala.

**Sivarama Prasad, V**. Preventive aspects of Allergic Respiratory Disorders – an Ayurvedic Approach. Presented at: Trivandrum in a National Seminar on Allergic Respiratory Disorders; 2000; Trivandrum, Kerala, India.

**Vinjamury SP**, Singh BB, Mishra LC. Research issues in Complementary and Alternative Medicine (CAM). Invited lecture at: the World Ayurveda Congress; 2002; Kochi, India.

**Vinjamury SP**, Singh BB. Fibromyalgia – CAM options”. A talk addressing the Fibromyalgia support group, Senior Citizen Center; 2002; Pasadena, California.

Singh BB, **Vinjamury SP**. Acupuncture, the Chinese energy system. Lecture at: The School of Public Health, UCLA; 2003; Los Angeles. CA.

Singh BB, **Vinjamury SP**. Ayurveda – an overview of the ancient Indian system of medicine”. Lecture at: The School of Public Health, UCLA; 2003; Los Angeles. CA.

Singh BB, Mishra LC, **Vinjamury SP**, Singh VJ, Shepard N, Aquilina N. The effectiveness of Commiphora mukul for Osteoarthritis of knee- An Outcomes Study. Presented at: The ACC –RAC Conference; March 13-16 2003; New Orleans, LA.

Singh BB, Song H, Liu XD, Liu GJ, **Vinjamury SP**, Der Martirosian C. Dangshen and Ginkgo improve learning and memory. Presented at: Society for Acupuncture Research 10<sup>th</sup> Annual Symposium, Harvard School of Education; Nov 2003; Cambridge, MA.

**Vinjamury SP**, Singh BB. Papadopoulos D. Introduction to Chiropractic Care for Chronic Low Back Pain: Evaluation of Safety and Effectiveness. Presented at: UCLA collaborative Center for Integrative Medicine; Feb 21- 22, 2004; Los Angeles, CA.

Singh BB, Mishra, LC, **Vinjamury SP**, Kubik E, Singh VJ, Shepard N. Ayurvedic Herbal Treatments of Hyperlipidemia: A Systematic Review. Presented at: WAVES Conference; July 10, 2004; Shady Grove, MD.

Singh BB, Mishra LC, **Vinjamury SP**, Aquilina N, Singh VJ, Shepard N. The Effectiveness of Commiphora Mukul for Osteoarthritis (OA) of the Knee: An Outcomes Study. Presented at: WAVE Conference; July 10, 2004; Shady Grove, MD.

**Vinjamury SP**, Singh BB, Mishra LC, Khorsan R., Nanjegowda, D, Kubik E, Shepard N. Effectiveness of Pragmatic Ayurvedic Care on the Treatment of Osteoarthritis (OA): An Experimental Case Series. Presented at: WAVES Conference; July 10, 2004; Grove, MD.

Singh BB, Mishra LC, Gandhi S, **Vinjamury SP**, Khorsan R, Singh VJ, Kizhakkeveettil A. Ayurvedic and Collateral Herbal Treatments of Liver Diseases: A Systematic Review of Randomized Control Trials (RCTs) and Quasi-Experimental Designs (QEDs). Presented at: National Ayurvedic Conference organized by NAMA; Oct 22, 2004; Long Beach, CA.

Singh BB, Wu W, Hwang SH, **Vinjamury SP**, Khorsan R, Der-Martirosian C, Wang C. Influence of co-morbidities on improvement of fibromyalgia symptoms when treated with acupuncture. Presentation at: ACC Conference; March 2005; Las Vegas, NV.

**Vinjamury SP**, Singh BB, Mishra LC, Khorsan R, Comberiat R, Meier M, Holm S. Effectiveness of pragmatic chiropractic treatment in temporomandibular disorders (TMD)- A pilot study. Presented at: ACC Conference; March 2005; Las Vegas, NV.

**Vinjamury SP**, Schultz G, Khorsan R, Kizhakkeveettil A. Improving Research Scholarship in Chiropractic Faculty. Presented at: APHA National Meeting; Nov 6-8, 2006; Boston, MA.

Singh BB, Khorsan R, **Vinjamury SP**, Dermartirosian C, Kizhakkeveettil A, Anderson T. (2006). Herbal treatments of Asthma –A systematic review. Presented at: APHA National Meeting; Nov 6-8, 2006; Boston, MA

**Vinjamury SP**, Hawk C, Resnick D, Li J, Khorsan R, Kizhakkeveettil A. Development of a Practice Based Research Program at a University Health Center: A Pilot Study. Presented at: ACC-RAC conference; March 15-17, 2007; Phoenix, AZ.

**Vinjamury SP**. Acupuncture and Ayurvedic treatments for Chronic Pain. Presented at: National Fibromyalgia Day hosted by the National Fibromyalgia Association, California State University, Fullerton; May 12, 2007; Fullerton, CA.

**Vinjamury SP**. An update on Cancer and TCM treatments for Cancer. Presented at: 3<sup>rd</sup> Annual AOM Symposium; June 2007; Whittier, CA.

**Vinjamury SP**, Vinjamury M, Singh BB. Usefulness of Shirodhara for Insomnia: a case report. Presented at American Public Health Association; Nov 3-7, 2007; Washington D.C.

**Vinjamury SP**, Hawk C, Li JT, Hsiao E, Huang C. Usefulness of Acupuncture for Cancer Pain and Quality of Life: A case series. Presented at: Society for Acupuncture Research Annual Conference; Nov 8-11, 2007; Baltimore, MD.

Wynd S, Kizhakkeveettil A, Peoples K, Scaringe J, **Vinjamury SP**. Faculty Needs Assessment Survey. Presented at: The ACC-RAC; March 13 -15, 2008. Las Vegas.

**Vinjamury SP &** Vinjamury M. East meets East: Ayurveda and TCM a comparison. Presented at: The American Public Health Association National Conference; Nov 8-11, 2009; Philadelphia, PA.

**Vinjamury SP**, Krotine K & Wu J. Challenges in the recruitment for Randomized Controlled Trials at CAM Institutions. Presented at: The American Public Health Association National Conference; Nov 7-10, 2010; Denver, CO.

**Vinjamury SP**, Hamilton G. Innovative Approach to teaching Research Methods for CAM professions. Presented at: APHA National Meeting; Oct 29- Nov 2, 2011; Washington DC.

**Vinjamury SP**. Research Literacy in CAM Practitioners. Presented at: APHA National Meeting: October 28 – 31, 2012; San Francisco, CA

Vinjamury M, **Vinjamury SP**. Effect of Panchakarma (ayurveda detoxification therapy) in Secondary Amenorrhea due to PCOS – A case report. Presented at: APHA National Meeting: October 28 – 31, 2012; San Francisco, CA

**Vinjamury SP**, Russell R, Lee C. Chiropractic and Acupuncture Services for the Underserved – A Success Story. Presented at: Integrative Medicine for the Underserved Conference: August 7-8, 2013; Santa Clara, CA

**Vinjamury SP**. Shirodhara for Insomnia – A Case Series. Methodological Challenges in conducting a clinical trial in Ayurveda. Presented at: International Conference for Clinicians in Complementary and Integrative Medicine (ICCCIM), Oct 29-31, 2013; Chicago, IL

**Vinjamury SP**.– Ayurvedic Manual Therapies for Integrative Medicine Clinics. Presented at: International Conference for Clinicians in Complementary and Integrative Medicine (ICCCIM), Oct 29-31, 2013; Chicago, IL

**Vinjamury SP**, Kizhakkeveettil A, Hsiao L, Hsiao E. Comparison of Health Behavior Patterns of CAM students and College Students. Presented at: APHA National Meeting: November 3-6, 2013; Boston, MA.

Vinjamury SP,

### **Poster Presentations**

Singh BB, **Vinjamury SP** et al, Phase2 (Phaseolus vulgaris) for Short-Term Weight Loss. Scripps Jan, 2004; San Diego, CA (Accepted; Withdrawn by Funder)

Singh BB, Udani J, **Vinjamury SP** et al. Safety and Effectiveness of a Lysine Based Ointment for Facial and Circumoral Herpes. Poster Presented at: Natural Supplements Evidence-Based Practice: A Clinical and Research Update, Scripps; Jan 2004; San Diego, CA.

Singh BB, **Vinjamury SP**, Khorsan R, Wu W, Hwang S, Wang C. Effectiveness of Acupuncture in treating Fibromyalgia. Poster presented at: Society for Acupuncture Research 11<sup>th</sup> Annual Symposium; Oct 2-3, 2004; San Francisco, CA.

Huang Y, Lin J, Hsiao S, **Vinjamury SP**, Wu W. Therapeutic Effects of Acupuncture on Sucrose Consumption Test on The Endogenous Depression of Experimental Animals. Poster Presented at: Society for Acupuncture Research 12<sup>th</sup> Annual Symposium; October 21-23, 2005; Albuquerque, AZ.

Sikorski D, **Vinjamury SP**. Lessons in Conducting a Survey on Student and Faculty Satisfaction with Academic Programs. Poster presented at: Association of Chiropractic Colleges-Research Agenda Conference; March 17-19, 2006; Washington D.C.

**Vinjamury SP**, Singh BB, Vinjamury M. Ayurvedic Management of Chronic Fatigue Syndrome – A case report. Poster presented in absentia at the National Ayurvedic Medical Association Conference. September 22-24, 2006; New York City, NY.

**Vinjamury SP**, Vinjamury M, Jones CJ. Is there a role for Ayurveda in Public Health? Poster Presented at: the APHA National Meeting; November 6-8, 2006; Boston, MA.  
Li J, **Vinjamury SP**, Wu W. Traditional Chinese Medicine for Dysmenorrhea treatment. Poster presented at: the SCRIPPS Integrative Medicine Conference; January 19-21, 2007; San Diego, CA.

**Vinjamury SP**, McMahan S, Li J. Efficacy and Safety of Herbal Medicine for Chronic Pain –A review. Poster presented at: the SCRIPPS Integrative Medicine Conference; January 19-21, 2007; San Diego, CA.

Li J, Hsiao E, Hsiao L, **Vinjamury SP**. Traditional Chinese Medicine for Behcet's Disease. Poster presented at: Society for Acupuncture Research Annual Symposium; Nov 8-11, 2007; Baltimore, MD.

Li JT, **Vinjamury SP**, Wu, W. Traditional Chinese Medicine for Idiopathic Thrombocytopenic purpura. Poster presented at: American Public Health Association; Nov 4, 2007; Washington D.C.

Hsiao L, **Vinjamury SP**, Hsiao E, Wu W. Efficacy of Traditional Chinese Medicine for Insomnia. Poster presented at: the SCRIPPS Natural Supplements Conference: An Evidence Based Update; Jan 17-19, 2008; San Diego, CA.

Hsiao E, **Vinjamury SP**, Hsiao L, Li JT, Wu W. Efficacy of Traditional Chinese Medicine for Psoriasis –A Scientific Review. Poster presented at: the SCRIPPS Natural Supplements Conference: An Evidence Based Update; Jan 17-19, 2008; San Diego, CA.

**Vinjamury SP**, McMahan S. Prevalence of Complementary and Alternative Medicine usage among University Students. Poster presented at: the SCRIPPS Natural Supplements Conference: An Evidence Based Update; Jan 17-19, 2008; San Diego, CA.

**Vinjamury SP**, Caldwell L, Nagare M, Huang T, Gomes S, Thomsen H, Layyous M. Assessing cultural competency among faculty at CAM institutions – A survey. Poster presented at: the APHA National Meeting; October 25-28, 2008; San Diego, CA.

Hsiao L, Hsiao E, **Vinjamury SP**, Wu, W, Hsiao Y, & Wu A. Effectiveness and Safety of Acupuncture for Autism. Poster presented at: the American Public Health Association, Conference; Nov 8-11, 2009; Philadelphia, PA.

**Vinjamury SP**, Vinjamury M & Wu J. Shirodhara for Insomnia- Case Series. Poster presented at: the American Public Health Association Conference; Nov 7-10, 2010; Denver, CO.

**Vinjamury SP**, Vinjamury M, Hsiao E, Hsiao L. Common Herbs in TCM and Ayurveda. Poster Presentation at: APHA National Meeting; Oct 29- Nov 2, 2011; Washington D.C.

**Vinjamury SP**, Thompson G, Kimura M, Rose K. Assessment of Student Learning at a CAM Institution – Why and How? Poster presented at International Research Congress on Integrative Medicine and Health; May 15-18, 2012; Portland, OR.

**Vinjamury SP**, Hsiao L, Jones J, Hurwitz E, Mouttapa M, Weiss J. Efficacy of Acupuncture for Fibromyalgia – A Randomized Controlled Trial. Poster presented at International Research Congress on Integrative Medicine and Health; May 15-18, 2012; Portland, OR.

Thompson G, **Vinjamury SP**, Kadar G, Kizhakkeveetil A, Kimura M, Rose K. Implementation of Program-Level Student Learning Outcomes at a CAM Institution. Poster Presentation at International Congress of Educators in Complementary and Integrative Medicine, October 23-25, 2012; Washington DC.

Hsiao L, **Vinjamury SP**, Hsiao E, Li J. Development and Implementation of Acupuncture Comprehensive Exams (ACE) at a College of Acupuncture and Oriental Medicine. Poster Presentation at International Congress of Educators in Complementary and Integrative Medicine, October 23-25, 2012; Washington DC.

Li J, **Vinjamury SP**, Hsiao L, Yeh A. Predictors of Performance in the First Acupuncture Comprehensive Exam at the College of Acupuncture and Oriental Medicine at SCU. Poster Presentation at International Congress of Educators in Complementary and Integrative Medicine, October 23-25, 2012; Washington DC.

Hsiao E, **Vinjamury SP**, Hsiao L, Wu W. Influence of Continuing Education Courses on AOM Profession. Poster Presentation at APHA National Meeting: October 28 – 31, 2012; San Francisco, CA

**Vinjamury SP**, Miller, J, Hamilton G. Student Perceptions of Research Literacy Skills and the Use of these Skills in the Acupuncture and Chiropractic Programs. Poster Presentation at Society of Acupuncture Research Conference, April 18-21, 2013; Ann Arbor, MI.

Hsiao E, **Vinjamury SP**, Hsiao L. Effectiveness of acupuncture in the treatment of chronic obstructive pulmonary disease (COPD) -a review. Poster presented at APHA National Meeting: November 3-6, 2013; Boston, MA.

Hsiao L, Hsiao E, **Vinjamury SP**. Effectiveness and safety of traditional Chinese medicine for Alzheimer's disease (AD). Poster presented at APHA National Meeting: November 3-6, 2013; Boston, MA.

Hsiao L, **Vinjamury SP**, Hsiao E. Predictors of performance in the third acupuncture comprehensive examination at college of acupuncture & oriental medicine at SCU. Poster presented at APHA National Meeting: November 3-6, 2013; Boston, MA.

Li P, Cheng L, Liu DM, Painovich J, **Vinjamury SP**, Tjen-a-looi S, Longhurst JC. Long-lasting inhibitory effect of electroacupuncture in hypertensive patients - role of catecholamine, renin and angiotensin. Poster Presentation made at Annual Meeting of Experimental Biology, April 26-30, 2014; San Diego, CA.

Hsiao L, **Vinjamury SP**, Hsiao E, Chang J. Predictors of Performance in the California Acupuncture Licensing Examination (CALE) at the College of Acupuncture and Oriental Medicine at SCU. Poster presented at APHA National Meeting: November 17-19, 2014; New Orleans, LA.

**Vinjamury SP**, Miller JA. Differences in Perceptions of Students of Acupuncture and Chiropractic Programs Regarding Knowledge and Use of Research Literacy Skills. Poster presented at APHA National Meeting: November 17-19, 2014; New Orleans, LA.

**Vinjamury SP**, Miller JA. Challenges in Patient Recruitment and Retention in Clinical Trials: Is there a need for Interprofessional Collaboration? Poster Presented at the ACC-RAC: March 19-21, 2015; Las Vegas, NV.

Hamilton G, **Vinjamury SP**. Characteristics of Patients Receiving Acupuncture at Health Events for the Underserved in Southern California. Poster presented at IM4US Conference, Boston, Aug 7-8, 2015.

**Vinjamury SP**, Kimura M. Characteristics of Acupuncture Patients attending a University Clinic – Retrospective Data Analysis using an EHR system. *Poster presentation* at the Society for Acupuncture Research International Conference in Boston, Nov 12-14, 2015

**Vinjamury SP**, Noborikawa J. Integrative Management of Dyslipidemia using Ayurvedic and Chinese Medicine Herbs in a Statin Intolerant Patient - A Case Report. Poster presented at Academy of Integrative Health and Medicine Annual Conference, San Diego, Oct 24-27, 2015

**Vinjamury SP**, Hsiao, L., Noborikawa, J. Pain in Traditional Medicine – Why Diverse Approaches?. Poster presented at APHA Conference, Chicago. October 31-Nov 4, 2015

McCarty R, **Vinjamury SP**, Loudon, W.G. Integrative Complementary Alternative Medicine program at Children’s Hospital of Orange County – Serving Pediatric Oncology Patients. Poster presented at SIO Conference, Boston, Nov 14-16, 2015

**Vinjamury SP**, Noborikawa J, Thanthithamma K. Intergrative Management of Non-healing post-surgical wound after total knee replacement using TCM and Ayurveda – A Case Report. Poster presented at ICIMH Conference, Las Vegas, May 17-20, 2016

**Vinjamury SP**, Treadway B, Rodriguez E. Characteristics of Cyclists Who Sought Chiropractic Care During AIDS LifeCycle: A Retrospective Data Analysis. Poster presented at ICIMH Conference, Las Vegas, May 17-20, 2016

**Vinjamury SP, Smith V, Chen, CH**. Integrative Management of Intractable Migraine Headache with TCM and Western Medicine in a Patient with Multiple Comorbidities- A Case Report. Poster presented at APHA Conference, Denver, October 31-Nov 2, 2016.

### **Invited Guest lectures**

**Vinjamury, SP**. An overview of Ayurveda. Guest Lecture at: CAM Forum, University of Southern California; 2000; Whittier, CA.

**Vinjamury SP**. Diagnosis of diseases in Ayurveda. Guest Lecture at: National Ayurvedic Conference. Sponsored by AAAM and Spirit of India; 2001; Orlando, FL.

**Vinjamury SP**. Immunological Disorders in Ayurveda. Invited lecture at: National Ayurvedic Conference. Sponsored by AAAM and Spirit of India; 2001; Orlando, FL.

**Vinjamury SP.** Panchakarma – An Overview. Invited lecture at National Ayurvedic Conference. Sponsored by AAAM and Spirit of India; 2001; Orlando, FL.

Singh BB, Riley D, **Vinjamury SP.** Research Methods Workshop, John P. Murtha Neuroscience and Pain Institute; Jan 6- 7, 2004; Johnstown, PA.

**Vinjamury SP.** Acupuncture, the Chinese energy system – A brief overview. Invited lecture at: the School of Public Health, UCLA; February 2005; Los Angeles, CA.

**Vinjamury SP.** Panchakarma - an overview of the detoxification therapies in Ayurveda. Invited lecture at the School of Public Health, UCLA; February 2005; Los Angeles. CA.

**Vinjamury SP.** Nutrition in Traditional Chinese Medicine. Invited lecture at: University Health Center; April 2005; Whittier, CA.

**Vinjamury SP.** Fibromyalgia: What is it and what are the treatment options. Is acupuncture useful for fibromyalgia? Invited lecture at: La Mirada Resources Center; July 2006; La Mirada, CA.

**Vinjamury SP.** Introduction to Acupuncture. Invited guest lecture at: California State University, Fullerton, Department of Health Sciences; April 9, 2007; Fullerton, CA.

**Vinjamury SP.** Ayurveda – Indian System of Medicine. Invited guest lecture at: California State University, Fullerton, Department of Health Sciences; April 16, 2007; Fullerton, CA.

**Vinjamury SP.** Acupuncture Research for Fibromyalgia and Cancer Pain: Review and Results of Preliminary trials conducted at SCU. Invited lecture at: Susan Samuelli Colloquium Speaker Series, UCI. August 7, 2008; Irvine, CA.

**Vinjamury SP.** Ayurveda – Theory and Practice. Invited guest lecture at California State University, Fullerton, Department of Health Sciences; March 9, 2010; Fullerton, CA.

**Vinjamury SP.** Acupuncture and Ayurveda for Fibromyalgia. Invited guest lecture at: Fibromyalgia Day, Organized by National Fibromyalgia Association; May 15, 2010; Fullerton, CA

**Vinjamury SP.** Research in Ayurveda for Cancer. Invited lecture at: Society of Integrative Oncology International Conference; Nov 11-13, 2010, New York, NY.

**Vinjamury SP.** Acupuncture and its uses in mental health. Invited lecture to PsyD candidates at: Student Health and Counseling Center, California State University; June 20, 2013, Fullerton, CA

**Vinjamury SP.** Acupuncture and its uses in mental health. Invited lecture to PsyD candidates at: Student Health and Counseling Center, California State University; June 19, 2014, Fullerton, CA

**Vinjamury SP.** Ayurveda – Theory and Practice. Invited guest lecture at California State University, Fullerton, Department of Health Sciences; March 9, 2015; Fullerton, CA.

**Vinjamury SP.** Ayurveda – Theory and Practice. Invited guest lecture at California State University, Fullerton, Department of Health Sciences; April 11, 2016; Fullerton, CA.

### **Continuing Education**

#### **Conferences/Seminars/ CME – Attended**

**2016** – IM4US Conference – Integrative Medicine Conference, UCI –Irvine, August 19-21, 2016

**2014** – SCU Extravaganza – Continuing Education for Licensed Acupuncturists, Anaheim, CA October 31 – November 2<sup>nd</sup>.

**2012-** SCU –Extravaganza – Continuing Education for Licensed Acupuncturists. Anaheim, CA October 19 – 21, 2012.

**2011** – SCU Extravaganza – Continuing Education for Licensed Acupuncturists. Anaheim, CA. August 20-23, 2011.

**2005** – **TCM: An Evidence-Based and Clinical Approach to Acupuncture.** California Alliance of Acupuncture Medicine. Diamond Bar, CA. March 13, 2005.

**2004** - TCM Conference, “Building Bridges of Integration for Traditional Chinese Medicine” at East Rutherford NJ, October 7-10, 2004

**2004** – “Update on Management of Thyroid Diseases” CME organized by IMASC at Anaheim, CA, September 29, 2004

**2004** – “Assuring Quality Chart Management” and “Risk Management in Acupuncture Practice” CE for Acupuncture practitioners. Organized by SCU Post Graduate Division, June 27, 2004.

**2003** – TCM Conference, “Building Bridges of Integration for Traditional Chinese Medicine” at East Rutherford NJ, October 9-12, 2003.

**2003** - 1.“Advanced Treatments & Diagnosis for ADHD” Presented by John R. Sealy, M.D., F.A.P.A., Adult Adolescent and Child Psychiatrist, Medical Director of Del Amo Hospital, Assistant Professor of Psychiatry, UCLA School of Medicine and “Hepatitis C - Update 2003” Presented by Jacob Korula, M.D. Professor of Clinical Medicine, University of Southern California, organized by Indian Medical Association, Southern California. August 27, 2003.

**2003** – CME on ‘Management of Dyslipidemia’ by Dr. Art Charles, Director, UCI Diabetes Research Center and ‘GERD’ by Dr. Joseph Pesegna, Associate Professor, UCLA organized by Indian Medical Association, Southern California. CME hours=2.

**2002** – Symposium on Integrative Medicine. UCLA Center for Integrative Medicine (CIM).

**1998** - Annual CME on “ Intensive Review of Internal Medicine” sponsored by SHARE USA , SHARE INDIA, co- sponsored by Center for Continuing Education in Health Sciences University of Pittsburgh School of Medicine and AINA at Medicity Hospitals, Hyderabad.

**1997** - National Training Programme on Panchakarma conducted by Vaidyaratnam P.S. Varier Ayurveda College, Kottakkal

**1996** - Annual CME on “ Intensive Review of Internal Medicine” sponsored by SHARE USA , SHARE INDIA, co- sponsored by Center for Continuing Education in Health Sciences University of Pittsburgh School of Medicine and AINA at Medicity Hospitals, Hyderabad

**1995** – National Seminar cum CME on “Rheumatoid Arthritis – An Ayurvedic Perspective” conducted by Ayurveda College, Trivandrum

**1995** – Second congress on Traditional Sciences and Technologie of India, Anna University, Madras

**1995** – Annual CME on “ Intensive Review of Internal Medicine” sponsored by SHARE USA , SHARE INDIA, co- sponsored by Center for Continuing Education in Health Sciences University of Pittsburgh School of Medicine and AINA at Medicity Hospitals, Hyderabad.

**1994** – National Seminar cum CME on “Immunological Effects of Ayurvedic Drugs” conducted by Ayurveda College, Trivandrum

**1993** – National Congress on Traditional Sciences and Technologies of India held at IIT, Bombay.

**1993** – Fifth Kerala Science Congress, Kottayam

**1993** – Workshop on ECG and CME conducted by Institute of Integral Health Studies and Apollo Hospitals Hyderabad

**1992** – Continuing Medical Education Programme on Thyroid Diseases in Kerala, conducted by Kerala Government Medical College Teacher’s Association, Trivandrum.

**1992** – Symposium on Advances in Cancer Research, conducted in the Regional Cancer Centre, Trivandrum.

**1992** – CME programme on Update on “Recent Advances in Laboratory Medicine” jointly organised by Regional Cancer Centre, Thiruvananthapuram and Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum.

**1991** – Fourth World Congress Holistic Approach Health for All, Bangalore

**1991** - Workshop on “How to start Medical Research” conducted in the Department of Surgery, Medical College Hospital, Trivandrum.

**1990** – Ayurveda Seminar on Cancer, Amala Cancer Hospital and Research Centre, Trichur.

### **Service Activities**

11/11 – Present – Program Co-Chair, APHA – ACHP SPIG

01/12-12/12 – Provided Acupuncture care to the underserved at Norwalk Church four times as part of H3 club

04/12 – Provided acupuncture care at Anaheim Health Fair

06/11 – Provided treatments at Anaheim Health Fair, Hosted by City of Anaheim

05/11 – Served as a Fund-Raising Chair for a huge religious and spiritual congregation at Sanatan Dharma Temple, Norwalk, CA

02/10- 02/11 – Member, SCU Strategic Planning Finance Work Group

08/10 – Attended Anaheim Health Fair, Hosted by City of Anaheim

08/10 – Organized Poster Sessions during Extravaganza

07/07- Present – Chair, CAOM Research Committee

08/08 – Present – Member, Institutional Review Board, SCU

07/07 – 08/2012 – Member, Instructional Programs Committee, SCU

03/06 -03/07 - Chair, Research Administrators Committee of Association of Chiropractic Colleges

02/11/ 2007 - Attended health fair at Anaheim hosted by City of Anaheim, CA

01/28/07 –Attended Health Camp in Mexico (H3Club)

8/2006 – Represented SCU at La Mirada Health Fair, CA

06/2006- Attended health fair in Artesia hosted by City of Artesia, CA

05/19-20, 2006- Attended health fair at La Jolla reservation, San Diego

05/2006 – 2008 – Faculty Advisor, Public Speaking Club, SCU

Fall of 2002 and Fall 2005 - Attended health fairs in Cerritos College

01/2005 – 08/2006 – Faculty Advisor, Yoga Club, SCU

01/2005 –2007 – Member, IPC. Facilitated IPC Satisfaction survey analysis.

01/2005 – Present – Member/Chair, CAOM Research Team. Guiding the AOM faculty to conduct research.

03/04 -03/06 – Vice President. Research Administrators Committee of ACC representing SCU

2003-04 - Attended Chamber of Commerce breakfast meetings at La Mirada and Whittier

2003 – Present - Serving as Clinician for Charitable Ayurvedic Clinic at Sanatan Dharma Temple, Norwalk, California. every Sunday between 5-7 p.m.

1993 – 8/2000 - Served as honorary physician to Sri Ramakrishna Ashrama, Hyderabad, India, a Charitable institution weekly once and gave medical advice to the poor.

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### **Membership in Societies**

- Member, American Public Health Association
- Member, Society of Acupuncture Research
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- Member, National Ayurvedic Medical Association, USA
- Member, American Alternative Medicine Association