

# INTRODUCING THE DOCTOR OF WHOLE HEALTH LEADERSHIP

The Health and Medicine Division of the National Academies of Science, Engineering, and Medicine issued a consensus study report in February 2023 titled "Achieving Whole Health: A New Approach for Veterans and the Nation." The report states that a "seismic culture shift in attitudes, structures, processes, and policies" is necessary to scale and spread a whole health approach.

The Doctor of Whole Health Leadership program at Southern California University of Health Sciences, developed with Cornerstone Collaboration for Societal Change, seeks to prepare these leaders.



The premier association for the interprofessional integrative health community



Leaders of change in societal systems and the nation's experts in whole health



Transforming and redefinining health and healthcare education

DWHL WITH AIHM FELLOWSHIP	DWHL FOR INTEGRATIVE MEDICINE FELLOWS	DWHL FOR ADMINISTRATORS, EDUCATORS, AND NON-FELLOWS
Designed for Academy of Integrative Health & Medicine fellows interested in earning an academic doctorate concurrently with their fellowship.	Designed for graduates of an Academic Consortium for Integrative Medicine and Health (ACIMH) recognized integrative medicine fellowship.	Designed for healthcare administrators and educators with at least three years of leadership experience in the healthcare field.
51 credits including 38 core credits plus 13 fellowship credits	38 core credits plus 13 fellowship transfer credits	51 credits including 38 core credits plus 13 track-specific credits

- √ Two Years Online Coursework
- √ Four On-Site Weekend Intensives (Spring and Fall)
- √ Designed for Working Adults
- √ Capstone Project
- **√** Start in April or October
- Transfer and prior learning credit options are available
- √ Federal financial aid is available for those who qualify

66 Perhaps the biggest risk facing the efforts to improve health and well-being for all, is to fail to realize that this requires not simply improvement upon the existing system but true transformation.

TRACY GAUDET, MD, CO-FOUNDER, CORNERSTONE COLLABORATION FOR SOCIETAL CHANGE EXECUTIVE DIRECTOR, DWHL

# WHO SHOULD TAKE THIS PROGRAM?

**ADVANCED PRACTICE NURSES** 

**DENTISTS** 

**DOCTORS OF CHIROPRACTIC** 

LICENSED ACUPUNCTURISTS

LICENSED CLINICAL SOCIAL WORKERS

**MEDICAL DOCTORS** 

**NATUROPATHIC DOCTORS** 

**OCCUPATIONAL THERAPISTS** 

**OSTEOPATHIC DOCTORS** 

**PHARMACISTS** 

PHYSICAL THERAPISTS

**PHYSICIAN ASSISTANTS** 

#### WHAT YOU'LL LEARN

- Leadership skills and strategies to drive system transformation
- √ The science, research, and cases supporting a whole health approach
- √ The healthcare policies, politics, and history impacting system change
- ✓ Critical elements of integrative and whole health models
- √ Whole health coaching skills
- √ The role of whole health nutrition
- √ The importance of self-care

# WHAT YOU'LL BE PREPARED TO DO

- √ Lead your organization in the the transformation to whole health
- Consult with professional associations, accreditors, clinics, government agencies, and other organizations interested in adopting whole health
- ✓ Speak and publish on issues relevant to whole health
- Advocate for whole health locally, regionally, nationally, and internationally

**PODIATRISTS** 

**PSYCHOLOGISTS** 

**REGISTERED DIETITIANS** 

REGISTERED NURSES WITH 30 GRADUATE CREDIT HOURS

CERTIFIED MIDWIVES WITH 30 GRADUATE CREDIT HOURS

HEALTHCARE ADMINISTRATORS WITH A MASTER'S DEGREE AND THREE YEARS LEADERSHIP EXPERIENCE IN A HEALTHCARE RELATED FIELD

GRADUATES OF AN INTEGRATIVE MEDICINE FELLOWSHIP PROGRAM RECOGNIZED BY THE ACADEMIC CONSORTIUM FOR INTEGRATIVE MEDICINE AND HEALTH

PROFESSIONALS PLANNING TO ENTER THE AIHM ACADEMY OF INTEGRATIVE HEALTH AND MEDICINE FELLOWSHIP PROGRAM

# WHAT YOU'LL EXPERIENCE

- ✓ An engaging community of like-minded change agents
- ▼ The opportunity to learn from national leaders in whole health including the architects of the VA's Whole Health Initiative
- ✓ An exploration of what whole health means to you personally
- ▼ The chance to design a capstone experience that addresses real-world challenges and opportunities
- √ Intellectually rigorous coursework that provides you with the knowledge and skills to become a whole health leader

### **LEARN MORE**

Email: DWHLAdmissionsConsultant@scuhs.edu

Call: 562-902-3367





Federal financial aid available to those who qualify.