

Campus Safety: Update #1 COVID-19 (novel coronavirus)

CampusSafety <CampusSafety@scuhs.edu>

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Dear Campus Community,

SCU has set up an exclusive web page to help communicate facts and resources concerning COVID-19 (novel coronavirus). The page is located [HERE](#), under the “Campus Safety” department page on MySCU. Please visit the page for more information including past emails/updates.

Update #1 (3/6/2020)

Travel

Out of an abundance of caution, all University-related international travel is being temporarily suspended. We are asking that any member of the campus community travelling internationally for personal reasons notify their supervisor in advance and observe the [CDC guidelines](#) which include a 14-day self-quarantine period upon return from countries with [Level 3 Health Travel Notices](#).

University-related domestic travel will continue as planned; however, the situation is being monitored and this may change depending on CDC or local public health authority advisories.

For more information concerning travel and COVID-19, please visit the Center for Disease Control’s “Information for Travel” page [HERE](#).

Cleaning

We have been increasing the rigor of cleaning and sanitizing procedures in the University Health Center and Sports Medicine/Tactical Sports Medicine Clinic as well as in offices and classrooms campus wide. This includes disinfecting common surfaces such as keyboards, phones, tables, and surfaces more frequently.

As more information becomes available, additional updates will be issued.

As of March 6th, there are no confirmed cases of COVID-19 at SCU. To date there are eleven (11) confirmed cases in LA County and three (3) in Orange County.

In order to limit the spread of respiratory viruses and maintain good health generally, please follow the advice below:

- Clean your hands frequently with soap and water (washing for at least 20 seconds) or alcohol-based sanitizer (at least 60% alcohol). Hand washing is crucial, particularly before eating or any activity that involves touching your face.

- Cough into your sleeve (the crook of your elbow) or a tissue, not into your hands. Dispose of the tissue in the trash.
- Stay home when you are sick; if you have had a fever, do not return until you are fever-free for 24 hours without any medication. *See additional information about absence due to illness below.*
- Limit close contact with those who are sick.
- Clean frequently touched surfaces often.
- Make time for health-promoting activities, such as getting adequate rest (even during midterms and finals!), exercise/movement, mindfulness/joyful practices, and good nutrition. You also have acupuncture and traditional Chinese medicine, Ayurveda, chiropractic, and massage therapy services available to help you feel your best.
- Public health authorities also recommend getting the flu shot.

Student and employee absence due to illness:

Public health authorities are encouraging all employees and students to stay home when sick.

Students who are sick should stay home - and should follow the normal absence procedure for their respective programs regarding notification of faculty and requests for absence waivers and exam “make ups.” *However, during this time of heightened public health concern, documentation from a health care provider will not be required.* While there is no current threat to SCU, the situation is evolving, and **faculty** who believe they note an unusual pattern of student absence in their courses should notify their Dean or Director.

Employees who are sick should stay home – and should follow the normal notification process for their work area. **Employees** should discuss in advance with their supervisors if any elements of their work can be performed remotely. **Faculty** and their supervisors will be planning alternatives to offer courses should lead faculty be out sick or should other circumstances impact course delivery.

Emergency notification:

Additionally, we would like to request that you update your Emergency Notification Profile, known to SCU as “Everbridge.”

While there is no current crisis concerning the spread of COVID-19 in our community, the situation is evolving rapidly and the ability to quickly communicate with our campus members is paramount.

Every campus community member currently has their scuhs.edu email address already registered by default; however, **it is highly recommended** to include additional methods of contact such as a cell phone number for both calls and SMS text.

What to do:

- Login to MySCU
- Click “Personal Info” [top right of page]
- Click “Manage your emergency notification settings (Everbridge)”
- Click “Edit” to input additional contact methods
- Click “Save”

Important:

This reminder is being issued as a part of our continued efforts to improve our emergency preparedness, and not as a response to a threat or event. The Center for Disease Control (CDC) COVID-19 Situation Summary as of 03/03 can be found [HERE](#) and notes that while there has been some “community spread of the virus that causes COVID-19 in California (in two places), Oregon and Washington.... People in communities where ongoing community spread with the virus that causes COVID-19 has been reported are at elevated, though still relatively low risk of exposure.... The virus is NOT currently spreading widely in the United States.” This CDC COVID-19 Situation Summary also includes important information about travel restrictions, impacting China, Hong Kong, Iran, Italy, Japan, and South Korea. In the meantime, if you have any questions, please visit the SCU COVID-19 page [HERE](#) and feel free to email us at campussafety@scuhs.edu

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