

Southern California University  
of Health Sciences  
School of Professional Studies  
Annual Newsletter  
Issue 3  
January 2008



**Southern California University  
of Health Sciences  
Launches the  
School of Professional Studies**

Southern California University of Health Sciences (SCU) launched the School of Professional Studies (SPS). The school was formerly known as the Post Graduate and Continuing Education Division. SPS focuses on better serving health care professionals through a full range of options including continuing current courses of study in Chiropractic and Acupuncture continuing education seminars, Master's Degree in Applied Science and Musculoskeletal Management, Massage Therapy, Diplomate Programs, Natural Medicine, Holistic Health, as well as Vocational Training. SPS will be increasing its offerings to include more outreach and community education, as well as expanding current programs. In addition to classroom training and seminars in many specialty areas, SPS conveniently offers distance learning packages as a component of long-term programs.

# Extravaganza 2008

**August 14-17, 2008 at the  
Coast Hotel in Long Beach, CA**

SCU will be hosting the first Extravaganza Symposium event offering continuing education for all doctors of chiropractic and licensed acupuncturists. The purpose of this event is to help build stronger relationships with the alumni, current students, faculty, staff and the chiropractic and acupuncture communities.

**Visit the Extravaganza Website at:  
[www.scuhs.edu/extravaganza](http://www.scuhs.edu/extravaganza)**



**Inside this issue:**

Annual License Renewal	2
Alumni Only Programs	2
Holistic Health Certificate	2
CCSP and Sports Diplomate Programs	3
Massage Therapy Certification	3
Masters in Musculoskeletal Management	3
Jack LaLanne Extravaganza Keynote Speaker	4

**Special points of interest:**

- *Extravaganza 2008*
- *Alumni Only Programs*
- *Holistic Health Certificate & Massage Therapy*
- *CCSP & Sports Diplomate Programs*
- *Masters Degree in Musculoskeletal Management*

# 2008 Annual License Renewal Programs

## The Patient with Neck & Arm Pain

Instructor: Ronald LeFebvre, DC  
Jan. 26/27, SCU Campus  
Nov. 8/9, Phoenix, AZ

## Developing Health & Wellness Programs for Your Patients

Instructors: Jeffrey K. Bergin, DC, DABCI, FAACP, & Benjamin Holt, DC  
February 23/24,  
San Francisco, CA

## Soft Tissue Techniques For Sports Chiropractors

Instructor: Todd Turnbull, DC, CCSP  
March 29/30, SCU Campus



## Neurology and Inflammation in Practice

Instructors: Julian V. Vickers, DC, DABCO, FIACN & Diane Resnick, DC, QME, DABCO (Board Eligible)  
April 26/27, Santa Barbara, CA

## Patient's Get 80% Better - What are you missing?

Assessments for Core Stabilization, Exercise Programs & Nutrition  
Jeffrey Tucker, DC, DACBR  
May 17/18, San Diego, CA

## Biomechanics of Gait

Shari Wynd, MASc, DC, PhD  
June 21-22, SCU Campus

## Instructional Neurology Review

Shari Wynd, MASc, DC, PhD & Bertrand Fauret, DC  
October 4, SCU Campus

## Nuts & Bolts of Radiology: Diseases of the Spine

John Bassano, DC, DACBR,  
Craig Kawaoka, DC, DACBSP, CSCS & Todd Knudsen, DC, DACBR, February 9/10, May 31/June 1, and October 18-19, SCU Campus

## Alumni Only CEU Programs

### All in One Day CEU Programs

Are you a dues paying Alumni Association member?? If so, take advantage of these seminars designed especially for you to obtain your state required continuing education hours.

If not...call to become one now!  
562/902-3337

March 8, Sept. 27, & Dec. 6, 2008  
Location: SCU Whittier Campus  
Times: Saturdays: 7:30am - 8:05pm  
Highlights: Low-cost, high-quality seminars designed for Dues Paying Alumni Association members.

Register Online at:

www.scuhs.edu/professionalstudies  
CEU's: 8 general and 4 technique hours applied for

(Sorry, no x-ray hours are applicable.)

### Research Methodology Program for Alumni taught by Dr. Shari Wynd.

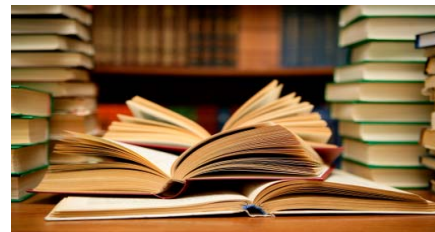
Learn how your research can be relevant and might affect the way we practice chiropractic. Find an idea or a project that you find interesting. Learn to start small. The number of patients with a given problem might be low in a small clinic, but overall numbers are quite large, providing a good sample population. Networking with other chiropractors provides a great opportunity to increase the number of subjects. Statistics...Ugh - There are statisticians out there who really, really like to help with this stuff. Research actually isn't as time consuming as you think. When you find a topic that you like, you might even enjoy research. And think of how satisfied you'll be after completing a good day of research. Your Alma Mater has the support you need.

Dues paying Alumni receive discount registration to:

### 2008 Interdisciplinary Symposium

February 23-24, 2008  
Cervical Spine Trauma  
Presented by:

Southern California University of Health Sciences School of Professional Studies and Diagnostic and Interventional Spinal Care (D.I.S.C)  
Call for more information: 562.902.3379



## Holistic Health Certification Program

### Natural Medicine Professional Certificate (100 hours)

Expand your knowledge and skills in holistic care...

Learn more about your body...

Develop a new sensitivity to touch...

Learn to help others...

Course Content Includes::

Anatomy & Physiology, Complementary and Alternative Healing Methods, Drug-Herb-Vitamin Interactions, Eastern vs. Western Medicine, Nutrition and Dietary Guidelines, and Environmental Medicine.



100 hour Holistic Health Certification

New Class begins:

Saturday July 26, 2008

Call for details! 562/902-3379.

Acupuncture Continuing Education Applied for in CA.

# CCSP & Sports Diplomate Program

## Certified Chiropractic Sports Practitioner (CCSP)

### CCSP Course Format:

The course consists of five live sessions totaling 64 hours and distance learning modules totaling 53 hours. There are a total of 117 hours offered. Distance learning sessions



are online or CD-ROM/DVD and print-based materials that are mailed to your home or office. Examinations are given at the end of each live and distance learning session.

Classes begin on campus March 29/30.

## The Sports Diplomate Program

### Begins August 23.

Join the elite few with the advanced knowledge and skills to meet the growing demand for competent sports chiropractic physicians. You must have the CCSP certification to begin this program.

### Diplomate Course Format:

The course is divided into live and online sessions. Examinations or assessments are given at the end of each session. An average grade of 80% must be maintained. A written case report and an oral presentation are also required and will be graded.

### The Benefits of the Diplomate:

Sharpened diagnostic skills, greater confidence in athletic patient care, heightened understanding of sports performance, enhanced knowledge of injury prevention, increased ability to treat athletic injuries.

# Massage Therapy Certification

## The Future is in your Hands...

## 1000 hour Massage Therapy Certification Program

The minimum course requirements are successful completion of the entire 1000 hour program. A certificate of completion for each module will be awarded to those students who complete all course requirements, including

exams, practical sessions, externship and distance learning.

Graduates will be eligible to sit for the national certification examination administered by the National Certification Board of Therapeutic Massage and Bodywork.

Outside practical experiences:

Average of 6-8 hours per week to be scheduled with course coordinator. This will be scheduled with outpatient and inpatient facilities supervised by licensed doctors of chiropractic and other healthcare professionals.

Both day and evening classes are available in 2008.

Call now for a complete schedule 562.902.3379.



# Masters in Musculoskeletal Management

## TAKE THE NEXT STEP TO ACHIEVE YOUR GOALS...

### Program Highlights:

Develop information mastery on current concepts in chiropractic. Program designed by chiropractic educators especially for practicing doctors of chiropractic. Convenient

distance learning format, practical, cost-effective graduate education, graduate diploma from SCU earned after your two and a half years of coursework with the thesis phase directed by RMIT.

Classes begin on Campus September 2008!



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Southern California University  
of Health Sciences



Los Angeles College of Chiropractic  
College of Acupuncture & Oriental Medicine

## Extravaganza 2008

We are pleased to announce that Jack LaLanne will be the keynote speaker for the Extravaganza.

Jack LaLanne turned 93 on September 26, 2007, and that is hard to believe. He doesn't look it! In public, young people flock to him and older people feel Jack has found the Fountain of Youth.

He is America's Number 1 Physical Fitness Expert and Guru, and is often called the "*Godfather of Fitness*".

Jack was able to attain the muscular, healthy body of his dreams

with diet and exercise. "*Gray's Anatomy* was my bible. During college, I studied pre-med to become a medical doctor and I also went to Chiropractic College and graduated; however, I was more interested in helping people by convincing them to take preventative measures, before they became



ill." Resolving to help others find the secrets to health and fitness, LaLanne opened the nation's first modern health studio in 1936. "I was 40 years ahead of my time," he said, "but by then I knew more about the workings of the muscles in my body than most doctors. People thought I was a charlatan and a nut," Jack says, "Time has proven that what I was doing was scientifically correct; starting with a healthy diet followed by systematic exercise and today everyone knows it. All world class athletes now work out with weights, as do many members of the general public, both male and female."